



**School District of Altoona  
Food and Nutrition Department**

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*“On Track with Altoona Food Service”*

**PHYSICIAN ORDER FOR DIET MODIFICATION**

**SCHOOL YEAR** \_\_\_\_\_

**PART I (TO BE COMPLETED BY PARENT/GUARDIAN)**

Name of student \_\_\_\_\_

Birth date \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_ Sex \_\_\_\_\_

Name of Parent/Guardian \_\_\_\_\_

Address \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Cell) \_\_\_\_\_

Teacher’s name \_\_\_\_\_

I hereby request my child, \_\_\_\_\_, receive a modified diet as prescribed by my child’s physician.

DATE: \_\_\_\_\_ PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_

.....  
**PART II (TO BE COMPLETED BY PHYSICIAN)**

Diagnosis or statement of medical need \_\_\_\_\_

Diet order (including food modification) \_\_\_\_\_

Food(s) to be omitted from or substituted in the diet (attach food plan if available) \_\_\_\_\_

Adaptive equipment required \_\_\_\_\_

Precaution (i.e. choking, anaphylactic shock, etc.) \_\_\_\_\_

This diet modification is to be followed through current school year \_\_\_\_\_

This diet order will be automatically discontinued at the end of the current school year

DATE \_\_\_\_\_

NAME OF PHYSICIAN (TYPE OR PRINT) \_\_\_\_\_

CLINIC /HOSPITAL/OFFICE \_\_\_\_\_

TELEPHONE NUMBER \_\_\_\_\_

SIGNATURE OF PHYSICIAN \_\_\_\_\_